

## **Exploring the Arena of Work Disability Prevention Model for Stay-at-Work Factors Among Industrial Workers: a systems approach**

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Faculty:

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With the challenges of an ageing workforce, the focus of policymakers and health professionals is expanding from a return to work to preserving and improving workers' health and employability. Work is also increasingly regarded as valuable for sustaining health, even despite the presence of health conditions. It is unclear whether factors influencing return to work (RTW) also apply to preserving health and helping workers stay at work (SAW). In a recently published scoping review, the Arena of Work Disability Prevention (Arena WDP) model was explored to identify differences and agreements in the system that influence SAW compared to RTW. The Arena WDP acknowledges return to work as a multifactorial issue that consists of four specific systems (workplace, personal, healthcare, and legislative and insurance) and 2 general systems (overall societal context and culture & politics). Most factors that determine SAW in industrial workers could be mapped onto the WDP- Arena model. However, new influencing factors were found that could not be mapped because they are multi-dimensional. The life-course perspective in SAW is more evident than in RTW. Many Legislative and Insurance and Health Care system elements have yet to be studied. Only some relevant studies were identified, yet the need to support workers to stay at work is evident from a social and health perspective. Therefore a workshop will be organised to identify more relevant factors and their interactions that influence staying at work, with participants from different professional perspectives and backgrounds.

### **About Our Speaker:**

Marianne Six Dijkstra

Marianne has worked as a lecturer and researcher in Work & Health at Saxion University of Applied Sciences (Netherlands), research school Smart Health for 20 years. She is finalising her PhD at University Medical Centre Groningen. Marianne is MSc in Human Movement Science and has experience as a consultant in Work & Health.